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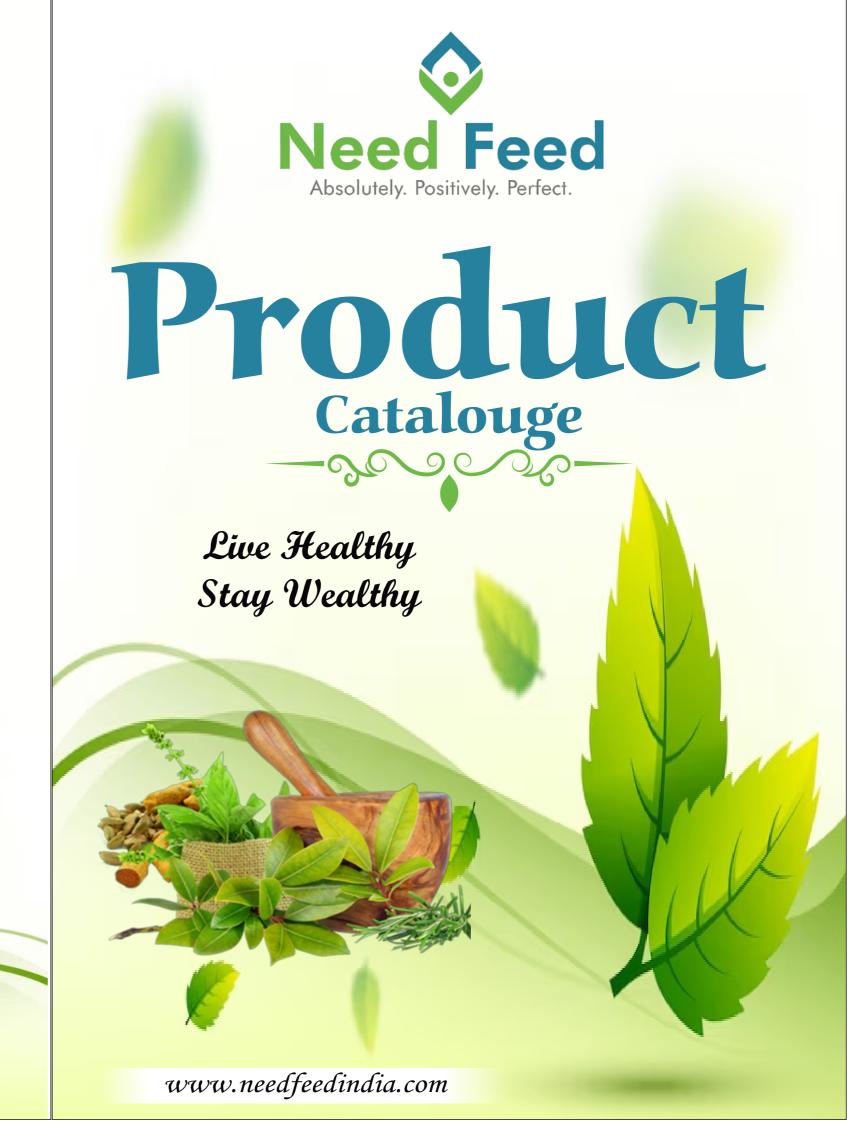
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आयुर्वेद

''स्वस्थरय स्वास्थ्य रक्षाणं। आतुरस्य विकार प्रशमनं च॥''



आयुर्वेदः के जनमदाताः भगवान धनवतिर

आयुर्वेद दो शब्दों से मिलकर बना है, आयु और वेद अर्थात् आयु को बढ़ाने वाला ज्ञान। स्वस्थ व्यक्ति को स्वस्थ रखने व रोगी को निरोगी बनाने का विज्ञान है आयुर्वेद। आयुर्वेद हमारी प्राचीन विरासत है जिसका जनक भारत देश है। लेकिन हमारी आयुर्वेद पद्धति विलुप्त होती जा रही है जिसका कारण है आयुर्वेद का रॉ फॉर्मेट में होना।

उसी आयुर्वेद को पुनः विकसित करने एवम् हर घर तक आयुर्वेद को पहुँचाने की शुरूआत की गई है, जिसके सभी प्रॉडक्ट्स पूर्णतया आयुर्वेदिक एवम् स्टैंडर्ड डॉसेज फॉर्मेट में हैं।









Be it office stress, hectic routine or health goals, you need something extra and that extra thing is brought by Well's latest Quintessential Healthy Juice. A perfect combination of 21 natural ingredients, botanical extracts and freeze dried fruits that gives you a full health package. Because all the calories our body needs, we get them from this juice.

Ingridients

- Apple Powder
- Blackberry Powder
- Cranberry Powder
- Grapeseed Extracts
- Mulberry Extracts
- Mango Powder
- Pear powder

- Ashwagandha
- Blueberry Powder
- Curcumin Extracts
- Gojiberry Extracts
- Moringa Powder
- Orange Powder
- Strawberry Extracts S

- -Black Grapes Powder
- Banana Powder
- Elderberry Extracts
- Ginseng Extracts
- Mangosteen Extracts
- Pineapple Powder
- Seabukhthron Extracts

<u>Benefits</u>

Well 18 Quintessential Healthy Juice is rich in several antioxidants, which help supercharge your immunity, reduce stress and keep you energised throughout the day.

- -It is helpful in improving your digestive health and controlling cholesterol levels.
- It is Beneficial for skin, immunity, muscles, functioning bones and stamina.
- It helps in improving mental clarity and boosting stamina.
- It help protect your body from oxidative stress and aid cellular repair.
- It also helps prevent urinary tract infections and inflammation in the body.

How to Use

Take 30 ml of Well 18 Quintessential Healthy Juice every morning on an empty stomach or you can mix it with plain water









Be it office stress, hectic routine or health goals, you need something extra and that extra thing is brought by Well's latest Quintessential Healthy Sugar Free Juice. A perfect combination of 21 natural ingredients, botanical extracts and freeze dried fruits that gives you a full health package to Diabetic Paitents also. Because all the Energy our body needs, we get them from this juice.

Ingridients

- Apple Powder
- Blackberry Powder
- Cranberry Powder
- Grapeseed Extracts
- Mulberry Extracts
- Mango Powder
- Pear powder

- Ashwagandha
- Blueberry Powder
- Curcumin Extracts
- Gojiberry Extracts
- Moringa Powder
- Orange Powder
- Strawberry Extracts

- -Black Grapes Powder
- Banana Powder
- Elderberry Extracts
- Ginseng Extracts
- Mangosteen Extracts
- Pineapple Powder
- Seabukhthron Extracts

Benefits

Well 18 Quintessential Healthy Sugar Free Juice is rich in several antioxidants, which help supercharge your immunity, reduce stress and keep you energised throughout the day without Effect your Blood Sugar Levels..

- -It is helpful in improving your digestive health and controlling cholesterol levels.
- It is Beneficial for skin, immunity, muscles, functioning bones and stamina.
- It helps in improving mental clarity and boosting stamina.
- It help protect your body from oxidative stress and aid cellular repair.
- It also helps prevent urinary tract infections and inflammation in the body.
- Maintain Low Glyco Index of Blood

How to Use

Take 30 ml of Well 18 Quintessential Healthy Juice every morning on an empty stomach or you can mix it with plain water





Well hama 18 Combo



More than fifty percent of men above the age of thirty face problems like erectile dysfunction or sexual weakness. Today's hectic life, increasing stress and lack of proper nutrition are having a bad effect on men's health, due to which problems like infertility and infertility are increasing rapidly. In such a situation, if you are also feeling a lack of stamina and masculinity, then Need Feed with the ancient Indian medical system presents Well Kama 18, which is very effective in promoting strength and stamina in your body.

<u>Ingridients</u>

- Salam Panja Shilajit Safed Musli Gokhru
- Ashwagandha Nagbhasma Kaunchbeej

<u>Benefits</u>

- It contains essential vitamins, minerals, anti-oxidants and many nutrients to improve your health.
- KSM Sixty Six is enriched with the powerful properties of Ashwagandha.
- It helps in reducing your mental stress, increasing physical stamina, giving plenty of energy to the body and improving concentration.
- Testosterone is specially designed to enhance your strength and sexual stamina.
- It improving your sexual health, it also promotes kidney, liver and heart health.
- It helps you feel confident and energetic by boosting your physical strength and performance.

How to Use

- KSM -66 Take one capsule Daily

- Testobooster Take 4.5 gm Daily

- Badshah Take 1 Capsule after one day





Well hama 18 Badshah Pack of 2



More than fifty percent of men above the age of thirty face problems like erectile dysfunction or sexual weakness. Today's hectic life, increasing stress and lack of proper nutrition are having a bad effect on men's health, due to which problems like infertility and infertility are increasing rapidly. In such a situation, if you are also feeling a lack of stamina and masculinity, then Need Feed with the ancient Indian medical system presents Well Kama 18, which is very effective in promoting strength and stamina in your body.

If you want to increase your energy and masculinity even more, then Badshah Tablets made from more than 15 Ayurvedic medicines present in this kit is best for you.

Ingridients

- Shilajit - Nagbhasma - Kaunchbeej

Benefits

- It contains essential vitamins, minerals, anti-oxidants and many nutrients to improve your health.
- It helps you feel confident and energetic by boosting your physical strength and performance

How to Use

- Take 1 Capsule after one day.









Leucorrhoea or white discharge is a common problem in women that can weaken the body and cause infections as well as other serious sexual and reproductive health problems. Common symptoms include back pain, heaviness in the abdomen, weakness, itching and burning in the private parts, frequent urination, loss of appetite, dizziness and blackouts. To get relief from these problems and improve your health, here is Need Feed Well Leucotil.

<u>Ingridients</u>

- Resina flava - Katha - Ashoka Bark - Lodhra - Anantmool - Bala - Gokhru - Saffron - Turmeric - Basil

Benefits

- Formulated keeping in mind women's reproductive health and hormonal imbalance.
- This combination helps you deal with problems like leucorrhoea, menstrual irregularities and physical weakness with natural herbs.
- It is highly effective in relieving fatigue, weakness, dizziness, loss of appetite, nausea, dark circles under the eyes, swelling in the body, stress and mood swings in women.
- Helps to boost your immune system and detox the body.

How to Use

- Take10 ml syrup once a day
- Take 4-5gm powder once a day
- Take 5-6 drops thrice a day







Do you know that today one in every five people is suffering from diabetes and this disease is increasing every year. Diabetes is a problem that not only affects your lifestyle but also your health. Your energy level goes down. Things like heart, kidneys and eyes start getting affected slowly. And the biggest thing is the tension of blood sugar all the time. To overcome this tension and to control a serious problem like diabetes, Need Feed, after thorough research and experiments, has created Well Diabo Pravahi Kwatha and its powerful companion Well Diabo Powder.

<u>Ingridients</u>

- Aloe Vera - Amla - Harad - Behada - Neem - Bitter Gourd - Gurmar - Jamun - Basil - Nirgandi - Fenugreek - Cinnamon - Turmeric - Clove - Ginger - Mamejava
- Ashwagandha

Benefits

A solution that is a perfect balance of nature and science with a healthy lifestyle.

- These natural products not only balance your sugar level but also support your overall health.
- It improves digestion and prepares the body for sugar absorption.
- It controls blood sugar and gives energy to the body throughout the day.

How to Use

- Take Well Diabo Pravahi Kwatha before meals.
- Take Well Diabo Powder after 15 minutes.







Are joint pain, stiffness and discomfort holding you back?

Here is the ultimate solution for your joint health Need Feed Well Ortho Herbal Joint Kit is ready to give you relief and restore your active life.

Ingridients

- Harjod - Haldi - Mukta Shakti Bhasma

- Ashwagandha - Safed Musli - Guduchi - Guggal, - Shilajit - Eucalyptus - Peppermint - Sesame oils

Benefits

- These help strengthen your ligaments, heal fractures quickly and reduce arthritis pain.
- They strengthen your body, improve joint flexibility and help increase your energy.
- It is helpful in reducing the symptoms of arthritis and improving joint mobility.
- This oil is effective in penetrating deep and reducing pain, swelling and stiffness.

How to Use

Artho G: These capsules can be taken once a day with water or milk.

Green Charge : One capsule of this can be taken twice a day.

Rheumin Joint : One capsule of this can be taken twice a day with water

or milk.

Rheumin Joint Oil: A gentle massage for relief from pain.

For better results, use Need Feed Well Ortho Herbal Joint Kit continuously for one month.





Signature

Has dullness, pigmentation and blemishes on your skin taken away your smile? Does your skin look tired and lifeless? Say goodbye to all these problems now. Introducing Well Bloom Skin Whitening Facial Kit.

Ingridients

- Saffron - Aloe Vera - Mulberry - Shea Butter

- Walnuts - Oilve Oil - Multani Mitti

Benefits

- Helps in deep cleansing of the skin and removes dullness

- Remove Dead skin and make skin looks clean and bright.

- Deeply hydrates your skin & Reduces fine lines along improves skin elasticity.

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How to Use

The six easy steps of Well Bloom Skin Whitening Facial Kit can give your face a perfect salon-like facial.

Step 1: Cleanser

Massage it gently in circular motion for five minutes and wash the face.

Step 2: Scrub

Massage the scrub with light hands in circular motion for five minutes and wash the face with water.

Step 3: Massage

Massage the gel in an upward direction with light hands.

Step 4: Creaming

Gently massage the massage cream in an upward direction.

Step 5: Face Mask

Apply a thin layer of face pack all over the face and wash it off after it dries.

Step 6: Serum

Apply a few drops of it on the face

To maintain this radiant look,

Use daily. Skin Whitening Face Wash & Face Cream.



Alkaline Jug



In today's time, a major reason for all the diseases in our body is our drinking water. Contaminated water causes many diseases like diarrhea, stomach ache, weak immune system, stomach disorder, liver and kidney not functioning properly, which later take the form of a major disease.

To avoid these diseases, it is important that our water is clean.

Due to lack of clean water, many types of diseases occur in our body. According to research, our food should be 80% alkaline and 20% acidic. Because acidic causes many diseases in the body and alkaline does not allow diseases to enter the body. Due to our environment, tap water and bottled water can be acidic and can increase health related diseases.

NFM has brought a solution to all these problems. NFM has come up with an alkaline water purifier camper or a jar that will not only purify your water but also make it mineral rich.

Benefits

It is very beneficial for our acidity, gas, stones and cancer.

Taking the pH value of water to 10, 11, 12 helps in digesting the food faster.

It helps in flushing out the toxins from our body and keeps the body hydrated.

It fulfills the potassium, magnesium, calcium minerals in our body, which greatly improves the immune system.

It keeps all these Inflammation diseases away & Maintains energy in the body.

It is also effective in joint pain.

You can carry it anywhere & It does not even require electricity.

Makes water clean and alkaline in a natural way.



Grow Feed Special hit

Signature

In India, the contribution of agriculture to GDP which was close to fifty percent in 1950, has now come down to fifteen percent, the main reason for which is the decline in agricultural Production. Now in this direction, Need Feed India has brought Game changer Grow Feed Special Kit, which is a complete solution to increase the production of your crops. This kit consists of three powerful products Grow Feed Plus, Soil Feed Plus, Agri Feed Ninety that help provide optimum nutrition, improve soil and increase the effectiveness of insecticides at every stage of your farming.

Ingridients

- Nitrogen Potassium Boron Magnisium Zinc
- Calcium Phosphorus Sulphur Silicon Macro Nutrients

Benefits

Use of Grow Feet Special Kit can help in reducing water wastage and increasing crop yield by 30 to 40%.

Grow Feed + Helps to improve soil quality, balance pH and increase the water storing capacity of the soil.

Soil Feed + is effective in strengthening plant roots, increasing soil microbes, improving the effectiveness of pesticides and reducing their toxicity.

Agri Feed 90 helps in better spreading and absorption of pesticides and fertilizers by reducing the surface tension of the leaves.

How to Use

Grow Feed +: Mix 25 ml in 15 litres of water and spray it on all crops.

Soil Feed + : can be used at the rate of 500 grams per acre at the time of sowing, planting and top dressing.

Agri Feed 90: 5 to 10 ml can be mixed with 15 liters of water and sprayed on the leaves.





Soil Feed+
Pack of 3

MRP: 3450







MRP: 3450

Grow Feed+ Pack of 3







Well Vet Care Veternary Feed Supplement



Liv Care

LIV CARE is the Liver Tonic for the smooth liver functioning of all Animals. As it is completely a herbal combination so giving the best result without any side effect these are accurately formulated using quality ingredients to ensure the effectiveness and exact composition of herbs along with Vitamins and Minerals.

Benefits

- Increase body resistance to disease.
- Use as a Hepato Protector.
- Detoxifies & Counteracts Damaging Effects of Aflatoxin.
- Improves livability and peak performance & develops body resistance against diseases.

How to Use

Cow and Buffalo

Calves

- 50 ml Twice daily

- 20-25 ml Twice daily

- 10-15 ml Twice daily

- 10 ml/100 Birds Per day

Chelate Vet Diet

Chelate Vet Diet Is The Combination of vitamin A, D3, E, copper, ferrous, manganese, cobalt, zinc, sulphur, calcium, javanti, shatavari and phosphorus which are crucial for high milk production and quality. Keep body coat healthy and shiny. Improves Health: Healthy animal & healthy calf, higher growth & higher bio-availability of metho chelated minerals.

Benefits

- More Milk, More Growth,
- Highly Bio Availibility Of Minerals
- -Improves Immunity & adding Value To Your Feed
- -Healthy Calf & better Reproduction Efficiency

How to Use

Cow, Buffalo & Horse - 40-50 Gm Daily
Calves - 20-30 Gm Daily
Sheep & Goats - 25 Gm Daily
Lambs & Pig Starters - 7.5-15 Gm Daily
Fish (per 100 Kg) - 100 Gm Daily.









Did you know that a small change can make a big difference to your health? Introducing the Need Feed Magnetic Bracelet.

A unique combination of stylishness and healthy living. This bracelet not only looks attractive but is also beneficial for your health.

Benefits

Magnetic bracelet helps to relieve pain naturally, especially joint pain, arthritis and back pain.

It helps in reducing stress and anxiety by balancing the magnetic field of your body, making you feel mentally calm and positive.

It balances the hormone which is essential in improving the quality of sleep..

It eliminates fatigue and boosts energy levels, allowing you to stay active and focussed throughout the day.

This bracelet helps in eliminating toxins from your body, thereby improving both your skin and health.

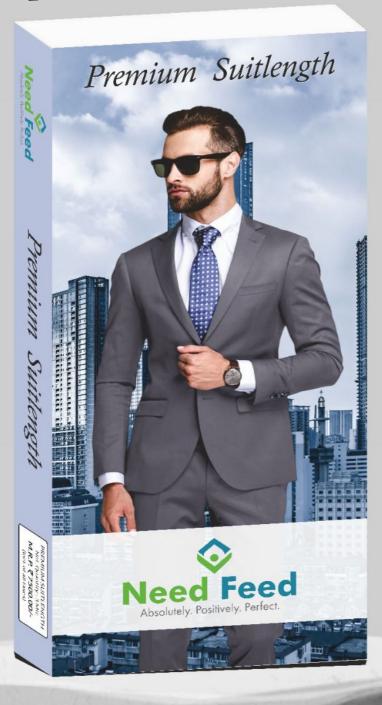
The magnets in it help in improving the blood flow in your body and delivering oxygen and nutrients to every part of the body.

Magnetic bracelet is also helpful in reducing problems like headache, migraine, balancing hormones and strengthening the immunity of your body.





Suit Lenght





Noni Plus





Aloevera Plus

Aloe vera juice is derived from the aloe vera plant, specifically from the inner leaf gel. It's known for its wide range of health benefits when consumed in moderation.

Benefits

the Pacific Islands.

Boosts Immunity & Reduces Inflammation

Improves Digestive Health

Noni juice is made from the fruit of the Morinda

citrifolia tree, commonly found in Southeast Asia and

Enhances Skin Health & Supports Heart Health

Boosts Energy and Reduces Fatigue

Supports Mental Well-being

MRP: 650

<u>Usage</u>

30–60 ml per day, either once or split into two doses.



Benefits

Helps relieve constipation due to its natural laxative properties.

Aloe vera juice is hydrating and rich in electrolytes, helping maintain fluid balance in the body.

Contains vitamins C and E, which help combat oxidative stress and promote skin and immune health.

Can help reduce acne and skin inflammation from the inside out.



Acts as a natural detoxifier, helping cleanse the liver due to its hydrating and phytonutrient content.

<u>Usage</u>

 $\frac{1}{4}$ to $\frac{1}{2}$ cup (around 60–120 ml) per day.

Sea Bucktron







PILSTC*

Sea buckthorn juice is extracted from the bright orange berries of the Hippophae rhamnoides plant. It's considered a nutrient powerhouse, rich in vitamins, antioxidants, and essential fatty acids, including the rare omega-7.

<u>Benefits</u>

- Promotes collagen production and skin regeneration due to high levels of omega-3, 6, 7, and 9 fatty acids, especially omega-7.
- Reduce bad cholesterol (LDL) and improve good cholesterol (HDL).
- Promotes healthy blood circulation and supports vascular health.

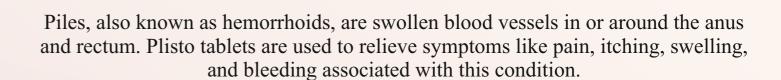
MRP: 700

- Omega-7 and antioxidants help heal the gut lining, reduce inflammation, and support digestion.
- Rich in beta-carotene and vitamin A, essential for good vision and prevention of eye disorders.
- Supports adrenal health and may help ease menopause symptoms due to its

<u>Usage</u>

15–30 ml (1–2 tablespoons) per day.





ILSTC

Benefits

Natural and gentle on the body

Improves digestion and prevents constipation

Reduces piles size and pain

No side effects

Usage

1–2 tablets after meals, usually twice daily. Always follow product instructions

or consult an Ayurvedic doctor.

MRP: 700



omega fatty acids and phytosterols.

Gulcosamine







Omega-3 Fatty Acids



Glucosamine is a natural compound found in cartilage — the tissue that cushions joints. Glucosamine tablets are commonly used as a dietary supplement to support joint health, especially in conditions like osteoarthritis.

Benefits

Joint Pain Relief & Improved Joint Function

Anti-Inflammatory Effect

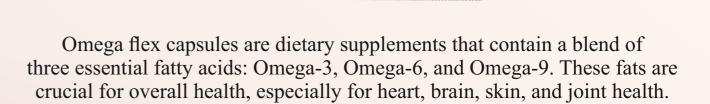
Slows Cartilage Breakdown

Support Bone Health

<u>Usage</u>

1–2 tablets after meals, usually twice daily. Always follow product instructions or consult an Ayurvedic doctor.

MRP: 350



Benefits

Lowers LDL, raises HDL & Reduces risk of heart disease

Reduce symptoms of depression, anxiety, and cognitive decline

Helps reduce joint pain, arthritis symptoms, and inflammation

Improves skin hydration, elasticity & Reduces acne

<u>Usage</u>

With meals, 1–3 times a day Always follow product instructions

or consult an Doctor.

ODS Relief





<u>Canoderma</u>

ODS Relief Tablets are commonly used to manage ODS (Obstructed Defecation Syndrome), a type of chronic constipation often caused by issues in the rectum or pelvic floor muscles. These tablets are usually part of a treatment plan to relieve severe or functional constipation, especially when linked to conditions like piles, anal fissures, or pelvic floor dysfunction.

Benefits

Useful in treating chronic or habitual constipation.

Reduces Straining During Bowel Movements

Promotes natural and regular evacuation of bowels.

Supports Digestive Health

Usage

Usually 1-2 tablets once or twice daily.

Often taken at night with water or consult an doctor.

MRP: 1000





Ganoderma lucidum, also known as Reishi mushroom or Lingzhi, is a medicinal mushroom used in traditional Chinese medicine for over 2,000 years. Ganoderma tablets are made from the extract or powder of the mushroom and are known for their immune-boosting, anti-inflammatory, and adaptogenic properties.

Benefits

Helps the body fight infections, viruses, and chronic illnesses.

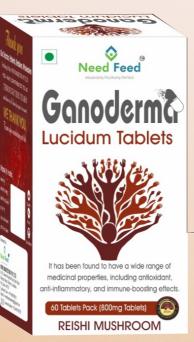
Reduces inflammation in the body, useful in allergies.

May help lower blood pressure and cholesterol.

Protects the liver and supports detoxification.



Usually taken once or twice daily with meals or as advised by a healthcare provider.







Well hama 18 Badshah Smen above the





More than fifty percent of men above the age of thirty face problems like erectile dysfunction or sexual weakness. Today's hectic life, increasing stress and lack of proper nutrition are having a bad effect on men's health, due to which problems like infertility and infertility are increasing rapidly. In such a situation, if you are also feeling a lack of stamina and masculinity, then Need Feed with the ancient Indian medical system presents Well Kama 18, which is very effective in promoting strength and stamina in your body.

If you want to increase your energy and masculinity even more, then Badshah Tablets made from more than 15 Ayurvedic medicines present in this kit is best for you.

Benefits

- It contains essential vitamins, minerals, anti-oxidants and many nutrients to improve your health.
- It helps you feel confident and energetic by boosting your physical strength and performance.

How to Use



MRP: 1500

Thyroid care capsules are dietary or herbal supplements formulated to support the healthy function of the thyroid gland. These are often used by people with hypothyroidism (underactive thyroid), Hashimoto's thyroiditis, or to maintain general thyroid health.

<u>Benefits</u>

Need Feed

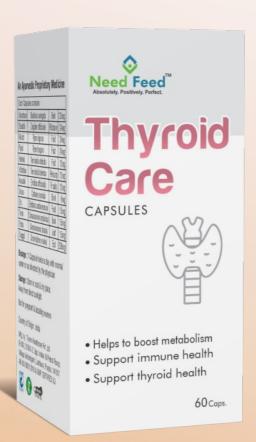
Supports Normal Thyroid Hormone Production

Improves Energy and Reduces Fatigue

May help improve metabolism, reducing or gain weight linked with thyroid imbalance.

<u>Usage</u>

Morning, to align with the body's natural hormone rhythm.











Deep Sleep

Jigyasha capsules are herbal or Ayurvedic supplements designed to help individuals reduce or quit addictive habits such as alcohol, tobacco, or drugs. These capsules work by detoxifying the body, reducing cravings, calming the nervous system, and restoring physical and mental health.

Benefits

Reduces Cravings for Addictive for alcohol, nicotine, or drugs.

Supports Mental Calmness and Emotional Stability

Flushes out accumulated toxins from alcohol or drug use.

Supports healthy liver and kidney function.

Reduces restlessness and insomnia during recovery.

<u>Usage</u>

1–2 capsules, once or twice daily or as directed by a healthcare provider

MRP: 2600



Benefits

Antidepressants can help lift mood, reduce feelings of sadness.

Deep Sleep tablets, commonly known as antidepressants,

are medications prescribed to help manage the symptoms

of depression and related mental health conditions.

Improved sleep and a return to normal sleeping patterns.

These medications may help restore the ability to focus and increase motivation.

Long-term use in some cases can help prevent future depressive.

<u>Usage</u>

Only take antidepressants under the guidance of a healthcare provider.



hidney Stone

and aid in natural stone expulsion.

Kidney stone capsules are herbal or medicinal

supplements designed to prevent, break down, or ease the







Calcucid syrup is an herbal or Ayurvedic liquid formulation designed to help dissolve, flush out, and prevent kidney stones. These syrups also soothe urinary tract discomfort and reduce the chances of stone recurrence.

Benefits

Helps Break Down Stones

passage of kidney stones. These capsules often contain ingredients

that support urinary health, reduce stone formation, relieve pain,

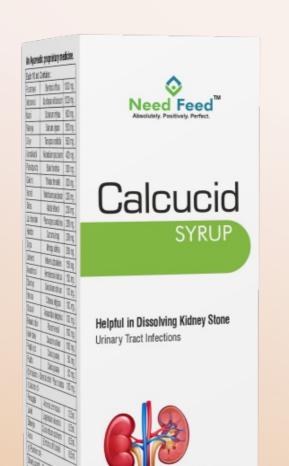
Increases urine output, helping flush out stones.

Provides relief from burning sensation, pain in the lower back

Prevents Urinary Tract Infections (UTIs)

<u>Usage</u>

1–2 capsules twice daily after meals or as directed by a physician.



Benefits Helps Dissolve Kidney Stones

Promotes Urine Flow (Diuretic Effect)

Relieves Pain and Burning Sensation

Prevents Urinary Tract Infections (UTIs)

<u>Usage</u>

- 1–2 teaspoons (5–10 ml) twice daily or as directed by a physician.

MRP: 350



Naari V



Naari Well Syrup is an herbal Ayurvedic formulation traditionally used to support women's health, particularly related to reproductive health, hormonal balance, and general vitality.

<u>Benefits</u>

Helps regulate menstrual cycles and alleviate symptoms of hormonal imbalance like mood swings and cramps.

Supports uterine health and may help with issues like irregular periods, PMS, and mild pelvic discomfort.

Enhances overall strength and immunity, helping reduce fatigue and stress.

Helps maintain healthy, glowing skin by balancing hormones.

Helps cleanse the female reproductive system and improve metabolic function.

<u>Usage</u>

Typically 1–2 teaspoons (5–10 mL) twice daily after meals.

Consult your healthcare provider for personalized dosage, especially during pregnancy or breastfeeding

MRP:



200ml





Memory Plus syrups are herbal liquid supplements formulated to improve memory, concentration, learning ability, and overall brain function. These are often used by students, professionals, and older adults dealing with memory decline, brain fog, or mental fatigue.

Benefits

Enhances Memory & Cognitive Function

Reduces Mental Fatigue, Stress & Boosts Focus & Concentration

Calms the Nervous System

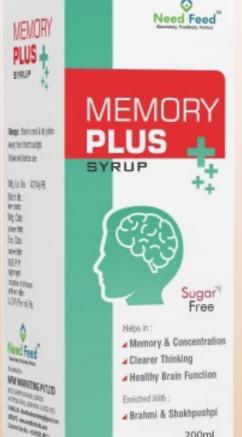
Helps relieve anxiety, restlessness, and sleep issue.



<u>Usage</u>

- Children: 1 teaspoon once or twice a day

- Adults: 2 teaspoons twice daily











Blood Purifier

Livnor syrup is an herbal or Ayurvedic formulation designed to support healthy liver function, detoxify the body, and aid in the treatment or prevention of liver disorders. These syrups are commonly used for fatty liver, jaundice, poor digestion, and liver damage caused by alcohol or medications.

Benefits

Helps eliminate toxins, drugs, alcohol residues & metabolic waste from liver.

Repairs liver cell damage caused by infections, alcohol, or fatty deposits.

Boosts bile production for better digestion of fats and nutrient absorption.

Normalize SGPT, SGOT, and bilirubin levels in mild liver dysfunction

<u>Usage</u>

- Adults: 1–2 teaspoons (5–10 ml) twice daily
- Children: 1 teaspoon once or twice daily

(Or as directed by a physician)

MRP: 360



Blood purifier syrup is a herbal or Ayurvedic formulation designed to cleanse the blood of toxins, improve skin health, and support overall immune and liver function. These syrups are commonly used for treating acne, boils, skin allergies, itching, and to promote a clear, glowing complexion.

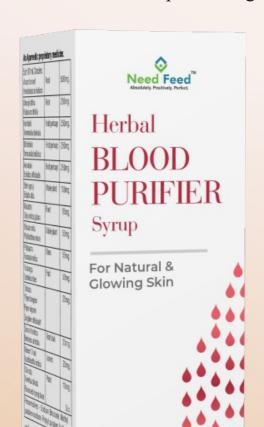
Benefits

Cleanses the Blood Naturally with treat and prevent Acne & pimples

Balances Hormonal Effects on Skin

Enhances the body's ability to fight infections and resist seasonal allergies

Improves Digestion and Bowel Health



<u>Usage</u>

Adults: 1–2 teaspoons (5–10 ml) twice daily

Children (above 5 yrs): 1 teaspoon once daily (or as directed by a physician)







Herbal Cough Syrup is a herbal (plant-based) remedy commonly used for relieving cough and throat irritation. The exact composition can vary by brand, but it typically includes natural ingredients like tulsi, honey, licorice (mulethi), ginger, and vasaka (Adhatoda vasica), among others.

Benefits

Helps soothe dry or productive (with phlegm) coughs by reducing throat irritation.

Helps in loosening mucus, making it easier to expel during a chesty cough.

Herbal components like tulsi and licorice may reduce inflammation and infections.

Some syrups contain immunity-supporting herbs like tulsi and ginger.

<u>Usage</u>

Adults: Usually 1–2 teaspoons (5-10 mL) 2-3 times a day.

Children: Often half the adult dose, but follow pediatrician's advice.

> MRP: 360 (200ml) 200(100ml)



Herbo Plate Syrup is a plant-based supplement commonly used to help increase or support platelet count, especially in cases like dengue fever, viral infections, or low platelet conditions. These syrups typically include herbs known for their potential platelet-enhancing and immune-supporting properties.

Benefits

Need Feed

Herbs like Carica papaya leaf, Giloy and Goat Milk Extract may help stimulate bone marrow to produce more platelets.

Enhances blood circulation and help maintain normal clotting functions.

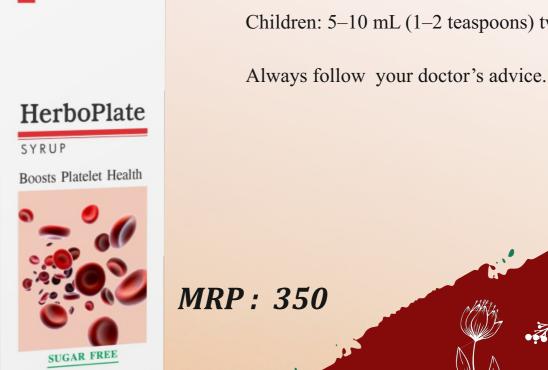
Tulsi, Amla, and Giloy improve immune recovery from infections.

Useful in dengue fever, chikungunya, or typhoid.



Adults: 10–15 mL (about 2–3 teaspoons) twice a day.

Children: 5–10 mL (1–2 teaspoons) twice a day.



Mahasudarshan





Maharasandi

Maharasandi syrups designed to help alleviate pain, stiffness, and inflammation in joints due to conditions like arthritis, aging, injury, or autoimmune diseases.

includes ingredients like Giloy, Tulsi, Papaya leaf, Kalmegh, and Guduchi. Benefits Reduces Fever Naturally, Herbs like Giloy and Tulsi help the body

Reduces Fever Naturally, Herbs like Giloy and Tulsi help the body fight infections and improve immune response.

Relieves Fatigue and Weakness

Mahasudarshan Syrup is a herbal ayurvedic syrup formulated

associated conditions like body ache, fatigue, sore throat, or

viral infections. The exact formulation can vary by brand, but commonly

to help reduce fever and provide symptomatic relief from

Ingredients like Kalmegh support detoxification and protect the liver

Helps reduce inflammation and oxidative stress caused by infection or fever.

<u>Usage</u>

Adults: 10–15 mL (2–3 teaspoons), 2–3 times a day.

Children: 5–10 mL (1–2 teaspoons), 2–3 times a day.

Always consult a doctor or follow label instructions.

MRP: 325

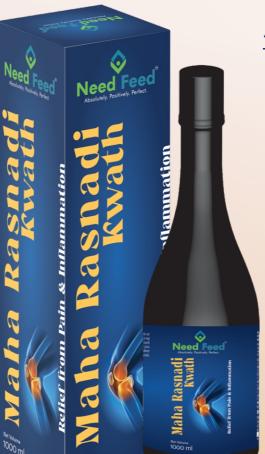


Benefits

Reduces joint discomfort and aching caused by inflammation or degeneration.

Ingredients like Shallaki, Turmeric and Guggul have natural anti-inflammatory properties.

Improves Joint Mobility and Flexibility



<u>Usage</u>

Dosage: Usually 1–2 teaspoons (5–10 ml) twice daily after meals.

Best Taken With: Warm water or milk.

Duration: Can be used regularly for chronic joint issues, but under medical supervision.

Well De-n-tox





Hariday Care

Well Detox Syrup is a herbal supplement designed to cleanse the body of toxins, especially from the liver, blood, digestive system, and skin. These syrups are commonly used to improve digestion, skin health, liver function, and overall metabolism.

Benefits

Liver Detoxification

Blood Purification

Improves Digestion and Metabolism

Boosts Immunity

Supports Healthy Skin

<u>Usage</u>

Adults: 10–15 mL (2–3 teaspoons), twice daily after meals.

Children (above 5 years): 5–10 mL once or twice daily (consult pediatrician).

Always shake well before use.

MRP: 1600



Hariday Care Syrup is a herbal supplement designed to help regulate blood lipid levels naturally. It aims to lower bad cholesterol (LDL), increase good cholesterol (HDL), and improve overall heart health. These syrups usually contain a blend of herbs that support liver function, fat metabolism, and circulation.

Benefits

Herbs like Guggul and Arjuna help lower low-density lipoprotein (LDL), which is responsible for plaque buildup in arteries.

Some ingredients help raise high-density lipoprotein (HDL), which protects against heart disease.

Reduces elevated triglycerides, which are another risk factor for heart disease and stroke.



Improves blood circulation, strengthens heart muscles, and may help maintain blood pressure.

<u>Usage</u>

Adults: 10–15 mL (2–3 teaspoons),

twice a day after meals.

Children: Not usually recommended unless

directed by a doctor.

Shake well before use.

Well Herbs



Need Feed
Absolutely. Positively. Perfect.

Herbal Ortho Oil

Well Herb Syrup is a natural, plant-based syrup designed to revitalize the body and mind, boost hydration, and promote overall well-being. It often contains a blend of herbs known for their cooling, energizing, and digestive properties.

<u>Benefits</u>

Supports healthy digestion and reduces feelings of heaviness or bloating.

Provides a soothing and cooling sensation, calming body heat.

Support immune function, helping the body fight infections.

Enhances alertness and reduces mental fatigue.

Rehydrates and Energizes

<u>Usage</u>

Adults: 1–2 teaspoons (5–10 mL) diluted in a glass of water, 1–2 times daily.

Children: Use half the adult dose or as directed by a healthcare provider.



MRP: 550



Relieves Joint and Muscle Pain.

Anti-inflammatory ingredients reduce swelling in joints and soft tissues.

Herbal Ortho Oil is a pain relief oil made from

a blend of medicinal herbs and essential oils, traditionally

used in Ayurveda to relieve joint pain, muscle stiffness, arthritis

and inflammation. It's a natural alternative to chemical-based pain

balms or analgesics, with minimal side effects when used properly.

Promotes blood circulation to the affected area.

Morning, to align with the body's natural hormone rhythm.

<u>Usage</u>

- Take 5–10 ml of oil..
- Apply to the affected area and gently massage for 5–10 minutes.
- Leave it on—do not wash off immediately..
- Use 2–3 times daily, especially before bedtime for best results.



Panch Tulsi Drops







Stevia Drops are a natural zero-calorie sweetener made

from the Stevia plant (Stevia rebaudiana). These drops are

used as a healthy sugar substitute for people looking to reduce

calorie intake, manage blood sugar, or avoid artificial sweeteners

Tulsi Drops (also known as Holy Basil drops) are a concentrated extract of the Tulsi plant, revered in Ayurveda for its powerful immunity-boosting, antioxidant, and respiratory supporting properties. They are often made using multiple varieties of Tulsi and are widely used for daily wellness.

Its is made of Rama Tulsi, Shyama (Krishna) Tulsi, Vana Tulsi, Nimbu Tulsi & Amrit Tulsi

Benefits

Boosts Immunity

Supports Respiratory Health

Reduces Stress and Anxiety

Improves Digestion

Detoxifies the Body

Supports liver and kidney function, cleanses blood.

MRP: 450

Rich in Antioxidants

Balances Metabolism

<u>Usage</u>

Add 2–5 drops in a glass of lukewarm water, tea, juice, or honey.



Benefits

Ideal for those trying to lose weight or follow a low-calorie diet.

Does not raise blood sugar or insulin levels, making it safe for people with diabetes.

Natural Alternative to Artificial Sweeteners

Has zero carbohydrates and glycemic index of 0.

Usage

Add 2–4 drops to:

Tea or coffee, Juices or smoothies

Lemon water, Oats, cereals, or yogurt

Baking and cooking

(check dosage for recipes)









Castro Cest

Gestro Gest Drops are herbal formulations aimed at

gastrointestinal issueslike indigestion, acidity, gas, bloating,

and stomach discomfort. They are often made from a blend of herbs known for their digestive and carminative (gas-relieving) properties.

supporting digestive health and relieving common

Herbal Eye Drops are natural formulations made from plant extracts known for their soothing, anti-inflammatory, and antimicrobial properties. They are used to support eye health, relieve irritation, and manage minor eye issues without the harsh chemicals found in some conventional eye drops.

Benefits

Soothes eyes irritated by dust, pollution, or screen exposure.

Herbal ingredients help calm swelling and redness.

Provides hydration to combat dryness and discomfort.

Helps prevent minor infections caused by bacteria or allergens.

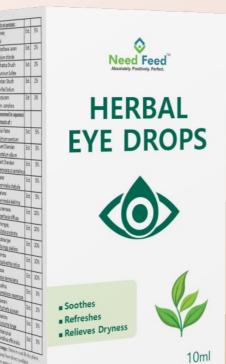
MRP: 160

Useful for those who spend long hours on digital devices.

<u>Usage</u>

Instill 1–2 drops into the affected eye(s).

Close eyes gently for a minute to allow absorption.





A "gastric problem" refers to any issue or condition affecting the stomach or digestive system, often causing discomfort, pain, or changes in bowel habits



MRP: 400



Relieves Indigestion and Acidity

Reduces Gas and Bloating

Stimulates digestive enzymes and enhances appetite.

Soothes Stomach Cramps and Nausea

Supports Overall Digestive Health

<u>Usage</u>

Adults: Typically 10–15 drops diluted in a little water,

2–3 times a day after meals.

Children: Consult a pediatrician before use.

Ayurvedic Pain Blam







Pain Balm is a herbal topical ointment made from natural ingredients like herbs, essential oils, and extracts known for their pain-relieving, anti-inflammatory, and cooling properties. It is widely used in Ayurveda to soothe muscle aches, joint pain, sprains, and other minor pains.

Benefits

Relieves Muscle and Joint Pain

Reduces Inflammation and Swelling

Improves Blood Circulation

Soothes Back Pain, Arthritis, and Sprains

<u>Usage</u>

Clean and dry the affected area.

Take a small amount of balm and gently massage it onto the skin until absorbed.

Use 2–3 times daily or as needed.





Derma Care Mallaham is an A herbal ointment commonly used for skin care and wound healing. It is formulated to help treat various skin problems such as cuts, burns, rashes, eczema, and other minor skin infections by promotinghealing and soothing irritation.

Benefits

Helps in faster healing of cuts, abrasions, and minor wounds.

Relieves itching, redness, and inflammation caused by rashes or eczema.

Prevents infection in minor skin injuries.

Moisturizes and Nourishes Skin

Reduces Scars and Marks

<u>Usage</u>

Apply a thin layer of Derma Care Mallaham gently over the affected area.

Use 2–3 times daily or as directed by a healthcare professional









Vell Cleaniness Fibre

Well Cleaniness is Herbal Fiber supplements are natural products made from plant-based fibers that help support digestive health by promoting regular bowel movements, improving gut function, and supporting overall wellness.

with herbal extracts to support various aspects of health, especially cardiovascular and sexual wellness.

Improves Blood Circulation

supplement combining L-arginine — an important amino acid —

Supports Heart Health

Well Charge is Herbal L-Arginine Powder is a natural

Enhances Sexual Health

Boosts Exercise Performance

Supports Immune Function

MRP: 1500

<u>Usage</u>

<u>Benefits</u>

Typically 1–2 teaspoons of powder mixed in water or juice daily, or as directed on the product label.



Benefits

NFM

Supports Weight Management Naturally

Boosts Energy & Pre-Workout Performance

Rich in Fibre + Probiotics for Better Gut Health

Improves Digestion and Regularity, Increases feelings of fullness, reducing overeating and aiding in weight control.

Help reduce LDL (bad) cholesterol by binding it in the digestive tract.

Slows down sugar absorption, maintain steady blood glucose levels.

Binds to toxins and waste, promoting their elimination through the digestive system.

<u>Usage</u>

WEL

Typically 1–2 teaspoons of powder mixed in water, juice, or smoothie once or twice daily.



along with beneficial herbal ingredients.

Well Active is Herbal Kids Protein Powder, a natural

supplement designed to support the growth, development,

and overall health of children by providing essential proteins

MRP: 900







Well Balance is Herbal Probiotics are natural supplements that contain beneficial bacteria derived from herbal sources or combined with herbal extracts to support gut health and overall well-being. They help maintain a healthy balance of gut flora, which is essential for digestion, immunity, and nutrient absorption.

Benefits

Provides high-quality protein necessary for muscle growth, tissue repair, and overall physical development.

Herbal components often include antioxidants and immune-boosting herbs to help protect children from common illnesses.

Some herbal ingredients support cognitive function, concentration, and memory.

<u>Usage</u>

Typically 1–2 teaspoons (around 5–10 grams) mixed in milk, water, or fruit juice once or twice daily.



Benefits

NFM

Balance & Regularity

& Gut Defense

Strengthens Daily Immunity

Supports Digestive Health

WELL

....

Enhances the body's natural defenses by improving GALT function.

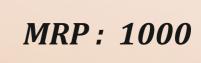
Supports better digestion and absorption of vitamins and minerals.

Helps replenish good bacteria lost during antibiotic treatments.

Helps eliminate toxins and harmful bacteria from the digestive tract.

<u>Usage</u>

Usually 1 teaspoon daily or as recommended on the package.



Well Fuel



Well Fuel Herbal Adult Protein Powder, a natural supplement combining high-quality plant-based proteins with herbal extracts to support muscle health, energy, and overall wellness.

Benefits

Provides essential amino acids needed for muscle building and recovery.

Boosts Energy and Stamina along with Weight Management

Herbal fibers and digestive aids support gut health and nutrient absorption.

Herbal antioxidants help strengthen the immune system.

<u>Usage</u>

Typically 1–2 scoops (about 20-30 grams) mixed with water, milk, or smoothie once or twice daily.

Adjust according to protein needs and activity level.





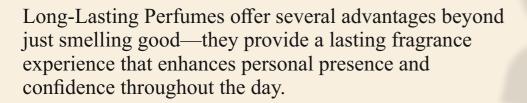


Personal Care Range





Unisex Perfumes



Benefits

Keeps you smelling fresh for hours without needing frequent reapplication.

Since less product is needed over time, it offers better value for money.

A lasting pleasant scent can improve mood and self-assurance.

Pleasant, lasting scent can leave positive impressions in social or work settings.







Sanitary Napkins with Active Oxygen are advanced menstrual hygiene products designed to enhance comfort, hygiene, and overall well-being during menstruation.

These pads incorporate innovative technologies such as active oxygen and negative ions to provide additional benefits beyond traditional sanitary pads.

Benefits

Active Oxygen: Promotes increased oxygen exchange, which helps reduce bacterial growth and neutralize odors.

Negative Ions: Released under moisture, they help eliminate unpleasant smells and support the body's natural cleansing processes.

Antibacterial Properties: The combination of active oxygen and negative ions inhibits the growth of harmful bacteria, reducing the risk of infections and irritation.

Breathable Materials: Designed with breathable layers to maintain dryness and comfort, minimizing the risk of skin issues.

Eco-Friendly Options: Many active oxygen sanitary pads are made from natural cotton and are chlorine-free, catering to environmentally conscious cconsumers.





Tooth Shine Fum Paint

NFM's Tooth Shine is a Herbal Dental Gum Paint, a natural oral care product designed to promote healthy gums and prevent common gum issues using herbal extracts like neem, clove, and triphala help strengthen gum tissues and improve overall gum health.



MRP: 300

Well Brush

Well Brush with Soft Bristles offers a gentle yet effective tool for stimulates blood flow, promoting healthier Gums and shining teeths.



MRP: 100







Happy Gum Sensitivity Relief Toothpaste is specially formulated to help reduce tooth sensitivity using natural herbal ingredients, providing gentle yet effective oral care without harsh chemicals. Herbal ingredients like clove, neem, and licorice help soothe nerve endings and reduce pain caused by hot, cold, or sweet stimuli.

MRP: 225



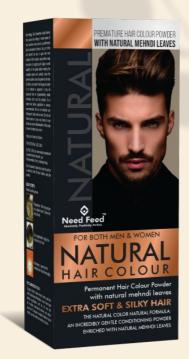
Tooth Shine Toothpaste is a natural alternative to regular toothpaste, formulated using plant-based ingredients and herbs that offer gentle yet effective oral care. It is free from synthetic chemicals, fluoride (in some variants), artificial colors, and preservatives.





Natural Hair Color

Natural Hair Color with Mehndi Leaves is a traditional, chemical free way to dye hair while nourishing it. It provides a rich, reddish-brown tint without harsh chemicals. It leaves your hair soft, shiny, and smooth. Ideal for sensitive scalps and people avoiding synthetic dyes.



MRP: 200





MRP: 105

Neem Tulsi Soap combines the powerful antibacterial and anti-inflammatory properties of neem and tulsi to provide natural skincare benefits. It protects against fungal and bacterial infections, promoting healthier skin.

Goat Milk Soap





MRP: 125

Goat Milk Soap is a natural skincare product made using fresh goat milk, known for its nourishing and gentle properties. It is rich in fatty acids and vitamins which helps keep skin soft and hydrated.

Sandal Soap

Sandalwood Soap is a popular natural soap known for its soothing fragrance and skin benefits like Brightens Complexion, Controls Oil and Acne, Cooling Effect & Improves Skin Texture.





Charcoal Facewash

Charcoal Facewash is a popular skincare product known for its deep cleansing and detoxifying properties, thanks to activated charcoal as a key ingredient. Activated charcoal attracts and traps dirt, oil, and impurities from deep within pores.



MRP: 300





Gold Radiance Facewash is a skincare product infused with gold particles and other nourishing ingredients designed to cleanse, brighten, and rejuvenate the skin. Gold particles help impart a natural glow and enhance skin radiance. It effectively removes dirt, impurities, and excess oil from pores.







Under Eye Gel is a lightweight skincare product specially formulated to address concerns around the delicate skin beneath the eyes. It helps diminish swelling and under-eye bags by improving circulation and draining excess fluids.

MRP: 350



Vitamin C Face Serum is a popular skincare product known for its powerful antioxidant properties and skin-brightening effects. It helps fade dark spots, hyperpigmentation, and uneven skin tone, giving a radiant complexion. It stimulates collagen synthesis, reducing fine lines and wrinkles for firmer skin.





Sun Protection **Sel SPF-50**

Sun Protection Gel with SPF 50+ is a high-strength sunscreen product designed to offer strong protection against harmful ultraviolet (UV) rays while being lightweight and nongreasy. Blocks approximately 98% of UVB rays, reducing the risk of sunburn and long-term skin damage.



Lip Balm



Lip Balm is a simple yet essential skincare product designed to protect and nourish the delicate skin of the lips. It creates a barrier against harsh weather conditions like wind, cold, and sun.

MRP: 200







Skin Whitening Face Cream is formulated to lighten the skin tone, reduce pigmentation, and promote a brighter, more even complexion. Helps fade acne scars, sunspots, and uneven pigmentation for a clearer complexion.

MRP: 300



Skin Whitening Face Wash is designed to cleanse the skin while helping to lighten and brighten the complexion. Ingredients like vitamin C, kojic acid, or licorice extract help fade dark spots, freckles, and uneven pigmentation.





Aloevera Gel

Aloe Vera Gel is a natural product extracted from the leaves of the aloe vera plant. It is widely used for its soothing, healing, and moisturizing properties. Provides relief from sunburns, minor burns, and skin irritations.





Day Cream with SPF 30



Day Cream with SPF 30 combines moisturizing benefits with sun protection to keep your skin hydrated and shielded from harmful UV rays throughout the day. It protects skin from UV-induced wrinkles, fine lines, and dark spots.

MRP: 750







Kesar Utban Scrub is a skincare product that uses kesar combined with exfoliating agents to cleanse and rejuvenate the skin. Saffron is known for its natural skin-brightening properties, helping to even out complexion and reduce dullness.

MRP: 350



Rice water has been used for centuries in Asian beauty routines and is known for its gentle, natural benefits for skin. Rice water contains amino acids, vitamins (like B and E), and minerals that help improve skin clarity and tone. Regular use can give the skin a subtle, radiant glow.

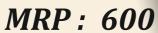






Anti hair fall Hair Oil

Anti Hair fall Hair Oil is specially formulated to reduce hair fall and promote healthy hair growth using nourishing ingredients. It stimulates scalp circulation, encouraging new hair growth. It provides essential nutrients and hydration to keep the scalp healthy.





Anti Dandruf Hair Fall Shampoo



Anti Hair Fall Shampoo is specially formulated to strengthen hair and reduce hair loss while cleansing the scalp and hair. It Strengthens hair strands and roots, minimizing breakage and shedding. Also removes dirt, excess oil, and buildup that can clog hair follicles and cause hair fall. Contains vitamins, proteins, and natural extracts to support healthy hair growth.

Foot Cream





Foot Cream is specially formulated to care for the skin on your feet, which is often thicker and more prone to dryness and cracking. It Hydrates dry, rough, and cracked skin, making feet soft and smooth. Massage with foot cream can stimulate circulation, reducing swelling and discomfort.

MRP: 200

Active Clean Handwash

Active Clean Hand Wash is designed to clean hands effectively while being gentle on the skin. It kills or removes bacteria, viruses, and other harmful germs to prevent infections. Keeps hands clean and fresh, reducing the risk of illness transmission.





Pickles & Candies



- Rajasthani Mirch (M.R.P. 250)
- Stuffed Red Chilli (M.R.P. 250)
- Mixed Pickle (M.R.P.180)
- Mango Pickle (M.R.P. 180)
 - Amla Sweet Candy (M.R.P. 170)
 - Amla Chatpati Candy (M.R.P. 200)
 - Gulkand (M.R.P. 180)





Air Freshners

Odu & Rose

M.R.P. 225/-









Need Feed Absolutely. Positively. Perfect. Determent

& Soaps

Liquid Detergent (M.R.P. 450/-)







Promotional Tools



	S. NO.	Problem	Products	DOSES
٠ ٤	1	Heart, Paralysis	1) Well 18 2) Hriday Care 3) omega plex 4) Panch Tulsi 5) Well Charge Alkaline water	1) 30 ml Empty stomach 2) 20 ml twice a day 3)1 Capsule Twice a day 4) 5 Drops thrice a day 5) 4 gm Daily
	2	Diabetic	1) Well 18 No Added sugar 2) Well Diabo . Combo. 3) Meetha Meetha Drops 4) Tulsi Alkaline water	1) 30 ml Empty stomach 2) 30 ml with warm water before meal one spoon powder before meal 3) 1-2 drops as per taste sweetener 4) 5-6 drops thrice a day
	3	leucorrhoea, PCOD, Harmonal imbalance	1) Well 18 2) Well Leucotil 3) Panch Tulsi 4) Sanitary pads Alkaline water	1) 30 ml Empty stomach 2) 10 ml syrup once a day 4-5gm powder once a day 3) 5-6 drops thrice a day
	4	Sexual Disorders, Stamina, Timming, Less Testrone	1) Well 18 2) Well Kama 18 Alkaline water	1) 30 ml Empty stomach 2) KSM -66 one capsule Daily 4.5 gm testobooster Daily 1 Capsule Badshah After one day
	5	Joint Pain, Sciatica, Back Pain , Knee pain	1) Well 18 2) Well Ortho 3) Tab Glucosamine	1) 30 ml Empty stomach 2) Rehumin 1 Cap Twice a day Ortho One Cap a Day Green Charge Cap Twice a Day Oil for Massage 3) 1 Tab Twice a Day
	6	Piles	1) Pilsto - Combo 2) ODS Relief 3) Livnor Alkaline water	1) 1 Tablet twice a day 1 Tablet once a day 2) 1 Tablet one time at night 3) 10ml twice a day before meal
	7	Thyroid	1) Well 18 2) Thyroid Care 3)Panch Tulsi Alkaline water	1) 30 ml Empty stomach 2) 1 Capsule Twice a day 3) 5- 6 drops twice a day
	8	Kidney Stone	1)Well 18 2) Calcucid 3) K.S. Capsule Alkaline water	1) 30 ml Empty stomach 2) 10 ml twice a day 3) 1 Capsule Twice a day
	9	Skin Allergy, Skin infection, Psoriasis	1) Well 18 2) Herbal Blood pressure 3) Dermis Well Malham 4) Tulsi 5) DE-N-TOX 6) Neem Tulsi Soap Alkaline water	1) 30 ml Empty stomach 2) 10 ml twice a day 3) apply on affected area 4) 5-6 drops thrice a day 5) 30 ml once a day
	10	Memory and good health	1) Memory Plus 2) Proneed Protein 3) Well Active Alkaline water	1) 10 ml twice a day 2) one spoon a day with milk 3) one spoon with milk
	11	Acidity, indigestion	1) Panch Tulsi 2) Livnor Syrup 3) Gestrogest Drops Alkaline water	1)5-6 Drops twice a day 2) 10 ml thrice a day 3) 5-6 drops after meal
	13	Pimples, Acne Skin Disorder	1)Well 18 2) Panchtulsi Ras 3) Herbal Blood purifier 4) Neem Tulsi Soap Alkaline water	1) 30ml empty stomach 2) 5-6 drops twice a day 3) 10 ml twice a day 4) Bath with Soap



